

# EATING THE BREAD

## WHAT IT MEANS TO EAT TOGETHER

*“For we being many are one bread, and one body:  
for we are all partakers of that one bread.”*

*~ 1 Corinthians 10:17*

### **1. The Corinthians**

- a. Corinth and communion are ever connected because of their lack of it – 1Co 11:20
- b. Churches should celebrate communion – which is a doctrine and not a food.
- c. Paul talks about the bread and of communion – 1 Cor 10:16
- d. You cannot eat this bread alone; there are no bitter herbs; not with a piece of toast.

### **2. Bread in the Bible**

- a. Bread takes work - Gen 3:19, but it is a comfort when two come together – Ge 18:5
- b. Breaking bread/eating bread is a token of fellowship – Psa 41:9, Oba 7, 2 Sam 9:7
- c. Egyptians could not eat bread with them that were abomination - Gen 43:32, 46:34
- d. Bread was for celebration/joy/life – Ecc 9:7, Isa 55:2; mourn – Ezra 10:6, 2Sa 12:17

### **3. Bread of Life**

- a. Bread the LORD gives from heaven for Israel to live in the desert - Exo 16:4, 14-15
- b. The true Bread of life from heaven to live forever - John 6:25-35, Matt 4:4, Deu 8:3
- c. Hunger is cured by how they came – they were to come to Him = eat him
- d. Jesus is that Bread that gives life, he was manna to them – John 6:46-51
- e. Jesus said about the bread “this is my body which is given for you” - Luke 22:19
- f. The bread which we break is the communion of the body of Christ – 1 Cor 10:16
- g. We are one bread (one body), partakers of that one bread (Jesus Christ)

### **4. Eating the Bread**

- a. The bread is the body of the Lord – broken to make one bread of many members
- b. We partake of that one bread so we also can be broken for others – 1 Cor 11:23-24
- c. *“As oft as ye eat this bread”* – Not eating flour and oil, but Christ broken for others
- d. We see this mind of Christ to break his bread for others in 2 Cor 4:10 & Phil 2:3-8
- e. Bread is eaten in fellowship/union by bringing many ingredients together into one
- f. Juice/wine is made by taking one ingredient and pouring out what is inside
  - i. Bread – what is your life bound together with? (Christ)
  - ii. Drink – what comes out of your life, what is it poured out for? (Christ)
- g. Whosoever eats this bread unworthily, guilty of breaking the body – 1 Cor 11:27
  - i. Eating unworthily = not coming together to eat the Lord’s supper
  - ii. They were not eating as one body, not broken for others – 1 Cor 10:31-33
- h. The church should celebrate communion in Christ, with a blessed cup and one bread