

# HOW TO WALK AFTER THE SPIRIT

## A STUDY ON WHAT LEADS US

*"For they that are after the flesh do mind the things of the flesh;  
but they that are after the Spirit the things of the Spirit."*

~ Romans 8:5

### 1. Introduction

- a. In Romans 6-8 we see a conforming of our minds to the mind of Christ – Rom 8:29
- b. Romans 6 we learned we are dead to sin, the flesh wanting to do bad
- c. Romans 7 we learned we are dead to the law, the flesh provoked to do good
- d. Romans 8 we learn that we are dead to our flesh, and we live in the Spirit
- e. "Spirit" is mentioned 20+ times in Romans 8 describing how we live and walk in Christ
- f. Before you change course you must change your focus (change your mind)

### 2. What of the Flesh

- a. Flesh is your body, what you do and are without God – Rom 7:18
- b. It is not that flesh is bad deeds, and the Spirit good deeds. The flesh is your deeds.
- c. What have we learned already? Rom 3:20, 3:28; Rom 4:1-5, and now... Rom 8:3
- d. *"the righteousness of the law"* is not your own righteousness – Ro 3:21-22,31, Ga 2:21
- e. *"carnally minded is death"* – whether it be to sin, or by the works of the law – Ro 8:6
- f. Gal 3:2-3 contrasts the works of the law to your flesh making the effort.
- g. Gal 5:19-22 – It is the "works" of the flesh, but the "fruit" of the Spirit
- h. When you see flesh in the mirror you see your self – 1 Cor 1:29
- i. You cannot please God in your flesh! – Rom 8:8

### 3. What of the Spirit

- a. *"ye are not in the flesh"* – the Spirit of God dwells in you - Rom 8:9, 5:5; 1 Cor 3:16
- b. *"law of the Spirit of life in Christ"* – This is how you received the gospel by faith
- c. Spirit is that good thing God has given you – Rom 5:5, 6:23, Eph 1:13, 1 Cor 2:10-12
- d. Things of the Spirit (Ro 8:5) our baptism, renewed mind, sealing, help in our infirmity.
- e. Spiritual mind is life and peace – how do you get life and peace? Rom 5:1, 18, 6:4
- f. You are in the Spirit if you are saved (live in the Spirit), you are led of the Spirit when you know the truth (walking after is being led by) – Ro 8:14-17

### 4. Christ In Us

- a. Walking after the Spirit is letting Christ live in you – Ro 8:10, Gal 2:20
- b. Christ in the flesh is dead, but is raised from the dead – 2 Cor 5:16-17, and so are you
- c. The Spirit identifies and adopts you as sons of God – Ro 8:15
- d. You reckon the glory that shall be revealed greater than the suffering now – Ro 8:18
- e. We are saved by hope and not what we see – Ro 8:24
- f. God's purpose is the mystery of Christ in you the hope of glory – Col 1:27, Rom 8:18
- g. Nothing will change who you are in Christ, from the love of Christ – Ro 8:35-39
- h. When we walk in the Spirit, live in Christ, we walk in love knowing what he has done.
- i. Paul signs his epistles with "grace" and "peace"